

*But when you fast,
anoint your head and wash your face,
that your fasting
may not be seen by others
but by your Father who is in secret.
And your Father who sees in secret
will reward you.
- Matthew 6:17-18*



THE PROMISE CHURCH

PRAYER & FASTING FOR
BREAKTHROUGH

ONE - DAY RETREAT

AUGUST 5TH



THE PROMISE CHURCH

RETREAT SCHEDULE

8:30-9:00	Check-in
9:00-10:30	<u>SESSION #1</u> : <i>"Fasting & Praying for God"</i>
10:30-11:00	<i>[Break]</i>
11:00-12:00	<u>WORKSHOP</u> : <i>"Developing a Personal Fasting & Prayer Plan"</i>
12:00-1:00	Lunch
1:00-3:00	Fellowship Activity & Free Time
3:00-4:30	<u>SESSION #2</u> : <i>"Fasting & Praying for the Heart"</i>
4:30-4:45	<i>[Break]</i>
4:45-5:30	<u>SESSION #3</u> : <i>"Fasting & Praying for the World"</i>
5:30-6:00	Clean Up and Go Home

PARKING INSTRUCTIONS

Cal Baptist University

8432 Magnolia Ave, Riverside, CA 92504

Innovators Auditorium

From 91 Freeway

Take exit #59 Adams St

Head Northwest on Adams St towards Magnolia Blvd

Turn left onto Magnolia Blvd

Turn left onto Campus Bridge Dr (Entering CBU Campus)

Park in the large parking lot on the right, across from the School of Business building

*Parking is free all day



SESSION #3

"Fasting and Praying for the World"

SESSION #1

"Fasting and Praying for God"

WORKSHOP

“Developing a Personal Fasting and Prayer Plan”

Use “Fasting & Prayer Worksheet”

SESSION #2

“Fasting and Praying for the Heart”